



Beaver Tail Truck



A Thanksgiving Treat



415 River Street W. Tweed, ON. K0K 3J0, P. O. Box 200 www.moiraplace.com Telephone: 613-478-5524

November 2024

The Messenger



Message from the Administrator

With Remembrance Day just around the corner, we will be holding our service on Monday November 11th at approximately 11:00am. The service at Moira Place will be similar to what happens at the Cenotaph in Tweed, and it's an excellent celebration and time to remember those who've given the ultimate sacrifice for our country. Over the years we've had some wonderful Remembrance Day ceremonies at Moira Place. We will recognize former and current veterans of Moira Place. Our Chaplain's, Barbara Goode and Marion Dolan will deliver the service in our Fireside Lounge. It is always a very special moment to see our residents in full regalia with various medals and decorations well earned on display. There are a number of heroes amongst us, and we are reminded on such days that we should not take our freedom and democracy for granted as lives were lost in the preservation of such liberties over many battles in foreign countries.

Every now and then we need to remind people of some rules and regulations that apply to long-term care homes in this province. A common feature on most cell phones is a camera. We've seen visitors come into our home and begin taking photographs with their cell phones over the years. We ask that you not take pictures of any residents other than your own. Any photographs that we publish in our newsletters or on social media are done with the permission of our residents and/or their substitute decision makers. It's important to remember that Moira Place is home to 128 people who have rights regarding their privacy that are entrenched in legislation in the Province of Ontario, and we appreciate your cooperation here.

Michael O'Keeffe
Administrator



Entertainment Line Up

November 6th
Andy @ 2:00pm

November 7th
Brian @ 2:00pm

November 14th
Murray @ 2:00pm

November 20th
Wayne @ 2:00pm

November 21st
Gary @ 6:30pm

November 28th
Manning Bros. @ 2:00pm



Our 5th annual Farm to Table Dinner was a huge success!



Thank you to all our local farms for all you do.

Daylight Savings Time Ends November 3rd



Turn Back Clocks 1 Hour

Get the **FLU SHOT** not the flu!

Vaccines have already been completed for our residents and we have started staff immunizations. Influenza vaccine protects against the “flu” which is a serious, acute respiratory illness that is caused by a virus. People who receive the vaccine can still get influenza, but if they do, it is usually milder than it would have been without the shot. Remember if you are not feeling well, postpone your visit until you are feeling better.



Clayton receiving restorative care. Good walking!

Remembrance Day Service

**November 11th at 11:00am
In the Fireside Lounge**

An in-house service hosted by Chaplains, Barbara Goode, Marion Dolan and Music Therapist, Jackie Findlay.



Hedy enjoyed painting pumpkins.



Helena and Pauline enjoying a theme day.

You're Invited to an Educational Presentation Don't Miss Out...

Residents/Families/Visitors/Staff and Guests
You are invited to attend our presentations on:

A Palliative Approach to Care: presented by April Coulter, RN, CHPCN (Certified Hospice Palliative Care Nurse), Chief Nursing Officer with AON Inc. Health Services &

Vaccines/Vaccinations: all you need to know, presented by Alison Carvalho Infection Prevention and Control Practitioner Kingston Health Sciences Center SE Hub.

On November 6th, 2024, at 10:30 pm in the Fireside Lounge

RSVP TO: Cortni Buchholz
at mpssw@aoninc.com
or call 613-478-5524 ext. 3037

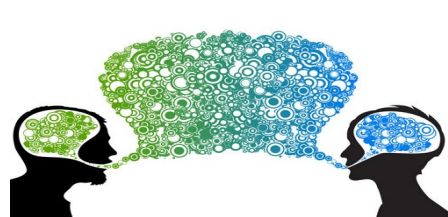
Come learn and bring your questions!



“Even if something is left undone, everyone must take time to sit still and watch the leaves turn.” — Elizabeth Lawrence

Communication Tips for Visiting Residents living with Dementia

- ⇒ Always try to approach the resident from the front so they have an opportunity to recognize and see you. As dementia progresses, a person's range of vision may become more limited and you may need to adjust to their vision field.
- ⇒ Before speaking, make eye contact, and sit or stand in front of the person at their eye level.
- ⇒ Maintain eye contact during the conversation to show that you are listening, to build trust, promote respect and let the resident know that you care about them.
- ⇒ While cognition may decline, the ability to read body language remains until the later stages of this disease.



Rose and Rella repotting houseplants.



Syd, lounging in the Den.



George and Brenton participating in small group program, OBIE.



Don, Garfield and Cleon enjoying entertainment.

Residents Going On A Leave From The Home

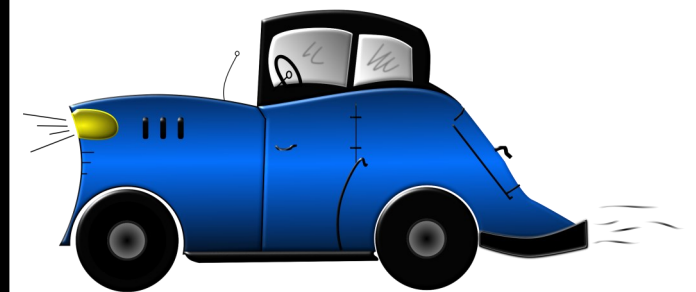
Each time a resident leaves the home for an appointment, out for a drive, or overnight – they must sign out in a binder at the care centre on their home area.

They must check with the Nurse to see if they need any medications while they are out, or if they are to take anything with them to an appointment.

For a leave that is for one night overnight – we request that we know ahead of time so the staff can have the medications required prepared (if necessary) and assist with any packing the resident needs.

For a leave that is for several nights – we require additional notice to ensure time to order/receive medications from our pharmacy (if necessary) to provide for the time away.

At any time, please check with the Nurse on you home area if require information.



Don't forget to LIKE us on Facebook!



Randy The Magic Man Coming to You!

November 4th, 2024
2:00pm in the fireside lounge





Blanche, Mac and Bob all actively engaging in a game of "Picture It".



Jeanette enjoying a visit.

Having Hope

"It is hope which makes the shipwrecked sailor strike out with his arms in the midst of the sea, though no land is in sight." - OVID

What Can Spark Hope?

- ◆ Having a sense of Purpose
- ◆ Supportive Care from Friends and Family
- ◆ Access to proper Supports and Services
- ◆ Personhood, Kindness, and Positive Approach



We Are A Proud Sponsor of the Local Festival of Trees!

The festival of Trees is celebrating 20 years!

The festival of trees will be open to the public
Thursday December 5th-Sunday December 8th.

Sign out of the home and go check out a local event!
Located at the agricultural building which is wheelchair
and walker accessible.



Christmas Luncheon

December 4th, 2024
at 12:00pm

2 Guests Per Resident.
Please call and reserve your
plate by November 2nd to
613-478-5524.



*Lunch will follow with a
show for all...*

Entertainment in the
Fireside Lounge at 2:00pm



Annetta and Evaline baking.

We Take Pride in Quality Approach to Palliative Care

"A palliative approach to care focuses on early identification of the person with a life limiting illness and enhances quality of life and comfort throughout their illness trajectory, not just not at end of life."

We have a committee engaged in the quality of our palliative care program that meets quarterly.



Goals of Palliative Care:

- Enhance comfort measures
- Provide emotional support
- Education

End of Life Palliation:

Often, people will enter a stage of decline which would be deemed end of life. At this time, comfort is the priority to allow the end of life stages to gradually occur. Residents in a basic accommodation can be transferred to their home area's Den space to allow a private space for families to visit and support their loved one. There are no visiting restrictions when a resident is deemed palliative. Families are offered a "Palliative Care Cart" which contains resources to be able to stay with their loved one in comfort.